



PERFORMANCE COACH

Rebecca Starkey

Bachelor of Social Science in Psychology
Postgraduate Diploma in Organisational Psychology
Financial Services Certificate Level 5



WHAT REBECCA'S CLIENTS SAY

“We had an incredible session with Rebecca! She explained everything clearly, and we both feel much more confident about our financial future.”

“My session with Rebecca was exactly what I needed. I feel like I finally have a handle on my finances and know exactly what steps to take next.”

Seeing Rebecca's clients gain the confidence to take control of their money beyond what they thought possible is what brings her immense satisfaction as a financial coach.

As a Financial Wellbeing Advocate, Rebecca derives her experience from working in business banking, where she offered educational programmes aimed to empower Kiwis to take control of their finances, reduce financial stress, and transform their financial future.

Her empathy and background in psychology forms the perfect combo in helping her clients to understand their behaviours and tendencies around money and, importantly, how to harness them and make real financial progress.

Having worked with thousands of Kiwis throughout her career, she understands that each person's financial situation is unique and knows the importance of tailoring her approach accordingly.

In her spare time, you'll find Rebecca practicing self-care through hot yoga and Pilates as well as spending time with family, particularly her two daughters.