



PERFORMANCE COACH

Shaila Contractor

Bachelors in Commerce
Level 5 Certification in Finance
Graduate in Business Diploma



WHAT SHAILA'S CLIENTS SAY

"Shaila is an authentic and articulate coach who has worked with me to make many positive and healthy habit changes. I appreciate how she asks questions and remembers what is important to me when crafting my plan. Her emails following our sessions were packed with useful information.

Shaila's innate intellect, sincere kindness and knowledge makes her a powerhouse coach who will enhance your ability to achieve financial success."

What drew Shaila Contractor to financial coaching was the transformative impact that tailored advice can have on a client's financial journey.

She brings a wealth of experience to her role, having over 24 years in the banking sector in roles encompassing leadership, coaching, and training, which has helped her develop a deep understanding of the opportunities and challenges clients can face.

Shaila's coaching style is rooted in her ability to listen, empathise, effectively communicate, and tailor a plan unique to each client's needs. Her ability to establish personal rapport in a collaborative environment helps motivate and enhance the growth of each client on their financial journey, supporting them towards unlocking their true financial potential.

Outside of work, you'll find Shaila enjoying long walks in nature which allows her to stay mentally and physically fit, find peace, and recharge her mind and body.